

What does bystander intervention look like?

SHOW

SHAKE YOUR HEAD
An easy way to say
'that's not okay.'

DON'T LAUGH
Laughing says it's okay,
and it's not.

SPEAK OUT

RESPOND TO IT
'That's not funny.'

CHANGE THE TOPIC
'Okay, let's move on.'

CALL IT OUT
'That's not appropriate.'

SUPPORT

ASK IF THEY'RE OKAY
'I don't think that was okay.
Are you alright?'

ACKNOWLEDGE IT
'I'm sorry they said that.'

JOIN FORCES
Support others who've had
the courage to call out
inappropriate behaviour.



It's called bystander intervention because doing nothing does harm.

For information and support contact: Safe To Talk Helpline ph 0800 044 334 or text 4334

We would like to thank Our Watch Australia and Screen Women's Action Group for developing this key messaging.

ourwatch.org.nz | swag.org.nz | comedysafetynetwork.co.nz